



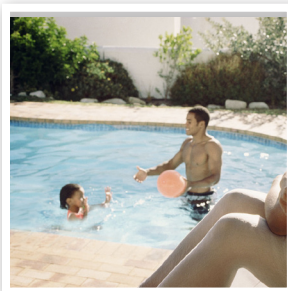
Water Safety at Home

Everything you need to know to keep your kids safe in and around water at home.

Whether you're bathing your baby in the sink or splashing around with your toddler in the bathtub, water is great fun for kids. But it's also a place where safety must come first, so here are a few tips for kids who love to get wet.

Don't Leave Kids Alone in or Around Water

- Never leave your child unattended around water. We know it sounds strict, but there is no room for compromise on this one. Babies can drown in as little as one inch of water.
- Put the cell phone away, forget about all the other things you have to do and give young children 100 percent of your attention when they are near or around water.
- When using inflatable or portable pools, remember to empty them immediately after use. Store them upside down and out of children's reach. These types of pools can pose a drowning risk.



Remove Water From Tubs and Buckets After Use

- Once bath time is over, immediately drain the tub.
- Empty all tubs, buckets, containers and wading pools immediately after use. Store them upside down and out of children's reach.



Close Lids and Doors

- Keep toilet lids closed and use toilet seat locks to prevent drowning.
- Keep doors to bathrooms and laundry rooms closed.



Learn CPR

- Parents have a million things to do, but learning CPR should be on the top of the list. It will give you tremendous peace of mind – and the more peace of mind you have as a parent, the better.

Drowning is the leading cause of injury-related death among children between 1 and 4 years old. And it's the third leading cause of death among children.



Safe Kids San Antonio, led by University Health, provides lifesaving resources and organizes community events to prevent childhood injuries. For more information or to get involved, call 210-358-4295.

For more information visit safekids.org.



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